



606 Karate & Self-Defense

5307 S. Hyde Park Blvd.

Chicago, IL 60615

773-490-4882



Do Jang Etiquette & Guidelines

Do Jang (karate school) etiquette and guidelines exist for the safety and respect of all participants. Self-discipline, proper etiquette, and appropriate behavior are expected at all times.

Do Jang Do's & Don'ts

- Do** say "Tang Soo" loudly, when entering or leaving the do jang.
- Do** come dressed or change into your uniform before class starts. Your uniform should be neat and clean, with all patches, and trim.
- Do** show respect to those who are higher rank than you.
- Do** address black belts as "ma'am" or "sir".
- Do** wear shoes to the bathroom.
- Do** your part to keep the do jang neat (put trash in the trash can; clean up your own messes; place bags/shoes in the cubby shelves).

Don't wear shoes on the mats.

Don't wash your belt—it represents all your hard work!

Don't touch light switches, thermostat, or training equipment, or enter Master D.'s office without permission.

Don't run into or lean against the windows or mirrors.

Student Guidelines

- Pull your attendance card.
- Use the bathroom, get water, and eat your snack before class.
- When stepping on or off the mats, stop at the edge, put your hand over your heart, and bow towards the flags.
- Take class seriously, be respectful, and always give your best effort. How you practice is how you will perform if you ever need to defend yourself.
- The mat is a place of respects. No playing or roughhousing is allowed.
- When asked, line up quickly, by rank. Stay in your spot, maintain proper distance from one another, attempt to maintain straight lines.
- When asked to meditate, sit quietly, cross-legged; eyes closed, hands on knees.
- No talking or distracting others.
- Raise your hand if you have a question.
- If arriving late, ask permission to enter class before stepping onto the mats.
- If you have to step out of class, raise your hand and ask permission. Ask permission before re-entering the class.
- Be patient and offer help to students who are lower rank than you. Treat them how you would want to be treated.
- When resting during class, sit quietly. Listen, watch, and learn from those still training.
- Attend class regularly (at least twice a week) and practice at home if possible.



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- Promotions are a privilege and not a right. They are earned through hard work and regular training, not for just showing up.

Notes to Parents

- Please be as quiet as possible during classes (silence phones, use headphones, take conversations out to the lobby, keep young children occupied)
- Try not interact with students during class.
- Parents are welcome to enter the mats (without shoes) to take pictures during tests and promotion ceremonies.
- Communicate any questions, concerns, and/or absences to the instructor directly.
- We appreciate your effort to get your child to class on a regular basis.
- We strive to teach your child courage, humility, honesty, endurance, concentration, and respect. Help us cultivate these character traits by reinforcing these behaviors at home.

I, the student (or my child/ward), have read these guidelines and agree to abide by them.

Student or Parent/Guardian Signature and Date

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